



Life Made **SIMPLE**

Life is swirling around us. We are overloaded with the stresses of life.

The host of the show Shellie is an accomplished decorator and artist who presents a down to earth approach to improving your life and home. She emphasizes the importance of the family and involves her children in various activities. She brings fresh simple ideas into your home to benefit the entire family.

Life Made Simple is a weekly show which focuses on the family and the importance of involving your children in your daily activities, education about health issues, cooking for a busy family, fitness tips and advice on organizing and decorating your home inside and out. As well Shellie reminds viewers to give back to their community and focuses on her national reading program, Bright Eyes. Sparking the mind of America's children is one of Shellie's personal missions, reading a book a day to your children and taking time to volunteer in schools and community centers gives every child a bright future. Our Bright Eyes Segments will spotlight children and their need to read, with book recommendations, and information on how you can make a difference.

Shellie as well brings a refreshing approach to taking care of you, which means taking time out for relaxation and piece of mind. Shellie's Celebrity Chef Series takes viewers on travels across the nation to some of the finest vacation locations and the best cuisine in the country. Remember, keeping your life simple, is just that easy.

www.lifemadesimpletv.com

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Shows: 26 1/2 hour formats
Season: Entering 2nd National Season
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3 30 sec tips per episode